

COUNCIL ON HUMAN SERVICES

MINUTES

October 9, 2013

COUNCIL

Mark Anderson
Phyllis Hansell
Arnie Honkamp
Guy Richardson
Kim Spading
Roberta Yoder
Mark Peltan (absent)

EX-OFFICIO MEMBERS

Representative Joel Fry (absent)
Representative Lisa Heddens (absent)
Senator Amanda Ragan (absent)
Senator Jack Whitver (absent)

STAFF

Nancy Freudenberg
Jen Harbison
Kollin Alfred
Pat Huber
Andria Seip (by phone)

Amy McCoy
Ron Mullen
Barb Wheeler
Karla Sandoval
Linda Miller

Mark Anderson, Vice-Chair, called the Council meeting to order at the Mt. Pleasant Mental Health Institute in Mt. Pleasant at 10:30 a.m. on Wednesday, October 9th, 2013.

ROLL CALL

All Council members present with the exception of Peltan. Ex-officio legislative members Representatives Fry and Heddens and Senators Ragan and Whitver were absent.

RULES

Nancy Freudenberg, Bureau of Policy Coordination, presented the following rules. Council asked clarification questions and responses were provided by Freudenberg.

1. Amendments to Chapters 28, 29, and 30, Facilities. Shifts county financial liability for payment from county of settlement to county of residence. Also creates a regional administrator system for facilities who perform Mental Health and Disability Services.

Freudenberg said no comments were received and no revisions were made to the noticed rule.

A motion was made by Yoder to approve and seconded by Hansell. MOTION UNANIMOUSLY CARRIED.

2. Amendments to Chapters 41 and 93, Family Investment Program (FIP) and PROMISE JOBS. Provides program clarifications and adds consistency to reporting requirements for FIP and PROMISE JOBS.

A motion was made by Hansell to approve and seconded by Richardson. MOTION UNANIMOUSLY CARRIED.

3. Amendments to Chapter 47, Family Self-Sufficiency Grants. Updates rules to match current practice for Family Self-Sufficiency grants. Designates the Bureau of Refugee Services as a distinct area.

Anderson reminded Council members that Director Palmer, at the last meeting, suggested if any member had a specific area of interest in the agency's programs and would like to more fully engage, to let him know. Anderson said he has informed Director Palmer he has an interest in the FIP Program and PROMISE JOBS. He encouraged members to contact Palmer. Yoder said she has an interest in foster and adoptive care.

A motion was made by Richardson to approve and seconded by Yoder.
MOTION UNANIMOUSLY CARRIED.

4. Amendments to Chapter 65, Food Assistance. Extends the demonstration project to allow for standard medical expense deduction to Food Assistance households eligible to claim medical expenses as a deduction.

Freudenberg said no comments were received and no revisions were made to the noticed rule.

A motion was made by Hansell to approve and seconded by Spading. MOTION UNANIMOUSLY CARRIED.

5. Amendments to Chapter 77, Medicaid. Deletes optional requirements for Medicaid respite providers to be licensed as daycare providers.

Freudenberg said no comments were received and no revisions were made to the noticed rule.

A motion was made by Yoder to approve and seconded by Hansell. MOTION UNANIMOUSLY CARRIED.

6. Amendments to Chapters 78 and 81, Medicaid. Amends rules to allow for payment of wheelchairs for Medicaid members who qualify in nursing facilities.

Freudenberg said one comment was received from a professor of law at the University of Iowa proposing a technical change to improve clarity and intent of the rule. Specifically, he requested that the word "customized" be removed. The Department agreed with his request and the change was made.

A motion was made by Spading to approve and seconded by Hansell. MOTION UNANIMOUSLY CARRIED.

7. Amendments to Chapter 79, Medicaid. Provides additional disproportionate share payments to qualifying hospitals.

A motion was made by Richardson to approve and seconded by Spading.
MOTION UNANIMOUSLY CARRIED.

8. Amendments to Chapter 79, Medicaid. Rescinds rules requiring a reduction in payment for physician services rendered in facility settings, consistent with the Medicare program.

A motion was made by Yoder to approve and seconded by Hansell. MOTION UNANIMOUSLY CARRIED.

9. Amendments to Chapter 79, Medicaid. Brings Iowa Medicaid into compliance with the Patient Protection and Affordable Care Act.

Freudenberg said no comments were received and no revisions were made to the noticed rule.

A motion was made by Yoder to approve and seconded by Richardson. Spading requested to know what is the reasoning behind the rule, who will it affect, and who is exempt. As the Council was meeting in Mt. Pleasant contact needed to be made with policy staff to address Spading's question. As a result, Spading then made a motion to table this rule until more clarification could be provided. The motion was seconded by Hansell.

Later in the meeting, Andria Seip from the Iowa Medicaid Enterprise was connected by phone to respond to Council's questions regarding those providers that would be exempt. She said she does not see this exemption being applicable to a large number of providers. Spading asked what the exemptions were based on. Seip responded she believes the Centers for Medicare and Medicaid Services (CMS) did not want this to be a hardship on providers so allowed providers to "exempt" out of this provision.

Discussion was held with the chair as to whether a motion was needed to vote on the rule. The Chair determined no motion was needed as the rule became "untabled" when the policy staff was on the phone and the Council had begun discussion again. The rule was approved with Hansell and Spading abstaining.

10. Amendments to Chapter 79, Medicaid. Rescinds rules that were not approved by the Centers for Medicare and Medicaid Services (CMS) in a state plan amendment.

A motion was made by Hansell to approve and seconded by Richardson. MOTION UNANIMOUSLY CARRIED.

11. Amendments to Chapters 79 and 80, Medicaid. Clarifies the Department's policies regarding sanctions and adds detailed descriptions of actions that will cause sanctions to be imposed. Also clarifies that specific Medicaid debts are non-dischargeable in bankruptcy proceedings.

Freudenberg said no comments were received but the Medical Assistance Advisory Council (MAAC) had asked for technical changes for clarity. The changes were made as requested.

A motion was made by Spading to approve and seconded by Yoder. MOTION UNANIMOUSLY CARRIED.

12. Amendments to Chapters 172, 175, and 186, Child Welfare. Establishes a new assessment process for reports that constitute child abuse.

A motion was made by Hansell to approve and seconded by Richardson.
MOTION UNANIMOUSLY CARRIED.

REPORT OF NOTICED ACTION

N-1. Amendments to Chapter 7, Appeals and Hearings. Establishes an appeal process for procurement bidders.

N-2. Amendments to Chapters 41, 46, and 60, Food Assistance and Family Investment Program. Establishes limits on where EAC cards may be used.

N-3. Amendments to Chapter 41 and 93, Limited Benefit Plans. Removes the rules that allow participants to reverse an imposed subsequent limited benefit plan once hours of employment or activity participation is verified.

N-4. Amendments to Chapters 109 and 110, Child Care. Requires child care centers to post provisional license status in a conspicuous place within the center. Also requires parents to be notified immediately following any incident involving inappropriate sexually acting out behavior.

A motion was made Hansell to accept the Report of Noticed Action and seconded by Yoder. MOTION UNANIMOUSLY CARRIED.

Superintendent's Welcome and Introductions of Management Staff

Ron Mullen, Superintendent of the Mt. Pleasant Mental Health Institute, welcomed Council and introduced his management staff: Kollin Alfred, Treatment Director for the Iowa Residential Treatment Center and the Substance Abuse Treatment Center; Barbara Wheeler, Business Manager; Pat Huber, Administrator of Nursing; and Karla Sandoval, Records Manager. Mullen also said he was the Superintendent of the Mt. Pleasant Correctional facility that is co-located on the campus.

Mullen provided an overview of the institution. He provided historical data; information on the bed capacity and the catchment areas of the institution. Populations served, admission trends, commitment types, key demographics, and adult psych and dual diagnosis discharge diagnoses were also discussed. He said of the total admissions to the adult psychiatric and dual diagnosis programs in FY 2013, 78% of the referrals made came from private hospitals. Of the total admissions to the substance abuse program in FY 2013, 81% of the referrals made came from a district court order.

Mullen spoke of his excitement that a new full-time psychiatrist will begin on Friday. It has been quite sometime since the facility has had a full-time psychiatrist on staff.

Council and staff discussed the current waiting list for persons to be admitted to the facility, funding challenges for dual diagnosis, licensure issues, and the challenges associated with placement of adult psychiatric patients in the community.

Update on Dual Diagnosis Program

Superintendent Mullen said this program was developed in 1998 and there are currently 19 beds in the program. Mullen spoke about the different treatment modalities used in the program. The focus of the program is on medication management as well as developing life skills and how a person can cope and deal with substance abuse issues that closely surround their mental health issues.

Treatment is individualized programming and approximately 50 hours of programming per week. There are three phases: evaluation; recognition; and application and maintenance. Council and staff discussed funding challenges for this program as well as aftercare services.

Update on Iowa Residential Treatment Center Substance Abuse Program

In 1991, the Iowa Residential Treatment Center (IRTC) was established and had a bed capacity of 92. The number of IRTC beds have varied over the years to the present capacity of 50 beds serving all 99 counties. Alfred said clients are not accepted that are on psychotropic medications or have a severe mental health disorder. Referrals are taken by district court as well as voluntary and involuntary placements.

Alfred also spoke of the funding for the program, length of stay, in-patient and out-patient programming.

Update on Shared Services with Department of Corrections

Barb Wheeler spoke of the shared efficiencies with DHS and the Department of Corrections. Forty-four staff are shared between agencies. She said one of the largest benefits that the MHI receives is that minimum offenders in the correctional system perform many services on campus: plumbing, minor repairs, cleaning, laundry, manage gardens, snow removal, etc. Not only is this a cost-saving benefit for the MHI it is also a benefit to the offender as well as a source of pride.

← Last year, 92,000 pounds of fruits and vegetables were grown on the grounds that resulted in a savings of \$26,000. (Previous years have been higher in production) Council members commented on this production by noting the delicious lunch that was served.

Council toured the MHI facility.

Council thanked MHI staff for the information shared and the hospitality afforded. A special thank you was extended for the lunch showcasing their bakery and fruits and vegetables.

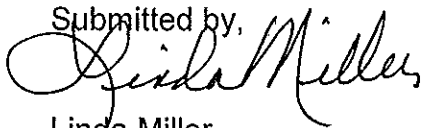
A copy of the Toledo Task Force report was distributed to Council. Amy McCoy and Jen Harbison provided an overview of the work.

Next Meeting

The next meeting of the Council on Human Services will be November 13, 2013, in Des Moines.

Council adjourned at 2:15 p.m.

Submitted by,



Linda Miller
Recording Secretary

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